



Jitsu Canada

*Shorinji Kan Jiu Jitsu*

Adult *Kyu* Syllabus

**GRADING CONDITIONS**

The student must have trained at least 30 hours over a three-month period between grades up to 5th *Kyu*.

For 4<sup>th</sup> *Kyu*, the student must have trained at least 60 hours over a minimum three-month period.

For 3rd, 2nd and 1st *Kyu* students must have a minimum 90 hours over a minimum six-month period between grades and must have attended at least one course during this period.

Any student without a white *gi* with association badge will not be eligible.

Any student with long nails, dirty *gi*, incorrectly tied belt or wearing jewellery will not be eligible.

Once the *dojo* becomes a grading room there will be no talking, whispering or joking.

Lack of discipline or failure to adhere to *dojo* etiquette may result in failure.

Loss of temper or swearing will result in instant failure.













